

Influence of Water with Modified Isotope Structure on Development of Radiation Damage in Experiments

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As the duration of space missions increases the problem of durability of space crews and their resistance to space flight factors becomes more important. The purpose of the present work was to study the radioprotective effects of lowered deuterium content water in experimental animals after repeated exposures to low doses of gamma radiation. Both male and female adult mice of (C57BL/6J)F1 and BALB/c lines were exposed to 0.25, 0.5 and 1.0 Gy of ^{60}Co gamma rays by multiple fractions. The dose rate was 0.32 Gy/min. Starting one month prior to the first irradiation fraction till the end of the experiment the animals were only given water with lowered deuterium content *ad libitum*. The control group of mice consumed tap water only. The animals were sacrificed by means of cervical dislocation within one month after finishing the last irradiation fraction. The following parameters were registered: the weight of body, thymus and spleen, number of leucocytes in blood formula, number of caryocytes in femur bone marrow, cytogenetic lesions in nucleated bone marrow cells. The water with lowered deuterium content was produced by means of electrolysis with a special device at the Institute for Biomedical Problems.

A long-term consumption of water with lowered deuterium content by irradiated mice was found to result in lower levels of depletion of peripheral blood leucocytes and bone marrow cells, in a decrease in the number of cytogenetic aberrations and in a less intensive reduction of the mass of immune organs as compared with the control group. Cytomorphologic examination showed a better dynamics of thymus and spleen function, namely, a less degree of cell destruction and an activation of lymphoid cell proliferation. No changes in blood formula were revealed. The findings confirmed a stimulation of the general resistivity of mice to radiation. Favorable effects of water with lowered deuterium content make it possible to recommend its use in practice for increasing the durability of persons exposed to harmful factors, including low doses of gamma radiation.